

## EVOLVE LEVEL 6, Unit Quiz 10B

- Amber** Hey, Bryan. I've been reading about how everyone should reduce their carbon footprint and live in a more eco-friendly way to save the planet. Do you do anything to help the planet?
- Bryan** I follow the three Rs: reduce, reuse, recycle. I try to reduce the amount of things I buy. Maybe reusing is the one I don't do as much ... on second thought, I never buy plastic bags – I always take my own cotton bag. And of course, I always put my trash in the right recycling container.
- Amber** That's pretty good, but did you know that one return flight from New York to London represents nearly a quarter of a person's emissions for one year?
- Bryan** No, I didn't, and I feel bad because I really want to go to London! What other ways can I reduce my carbon footprint?
- Amber** Becoming vegan will make the next biggest difference. Cutting out meat could cut down your carbon footprint by up to 20%. Livestock, particularly cows, produce methane, a powerful global warming gas. It has been estimated that a pound of beef produces the same CO<sub>2</sub> as a car traveling just over 70 miles.
- Bryan** Really? That's shocking! I have been thinking about reducing my meat consumption. I'm just not sure if I could cut it out completely.
- Amber** Beef is the main culprit, so if you just cut out that, it could make a big difference. Here is the last one. Apparently, according to Apple, 80% of the carbon footprint of a new laptop comes from manufacturing and distribution, not from charging it at home. This means that you shouldn't change your phones or computers too often. I think a lot of people are guilty of that!
- Bryan** And I thought I was doing a lot. I know I can do much better!
- Amber** I think we all can!